



HOSPITAL PACKING LIST

for an **EMERGENCY TRIP**



PERSONAL ITEMS:

<input type="checkbox"/> Mobile Phone / Charger	<input type="checkbox"/> Insurance Cards	<input type="checkbox"/> Tablet
<input type="checkbox"/> Headphones / Earbuds	<input type="checkbox"/> Notebook / Pen	<input type="checkbox"/> Books / Magazines
<input type="checkbox"/> Driver's License / ID	<input type="checkbox"/> Water Bottle (refillable)	<input type="checkbox"/>
	<input type="checkbox"/> Snacks	<input type="checkbox"/>

***MEDICAL ITEMS:**

<input type="checkbox"/> List of Medications	<input type="checkbox"/> Formula	<input type="checkbox"/>
<input type="checkbox"/> Bring Current Medications	<input type="checkbox"/> Feeding Pumps	<input type="checkbox"/>
<input type="checkbox"/> Home Medical Supplies	<input type="checkbox"/> Injections	<input type="checkbox"/>
	<input type="checkbox"/> Pharmacy Information	<input type="checkbox"/>

CLOTHING / FOOTWEAR:

<input type="checkbox"/> Comfortable Clothing	<input type="checkbox"/> Sweatshirt (zippered)	<input type="checkbox"/> Slippers (w/ rubber soles)
<input type="checkbox"/> Pajamas (button-down for patient)	<input type="checkbox"/> Socks & Underwear	<input type="checkbox"/> Flip Flops (for shower)
<input type="checkbox"/> Shorts	<input type="checkbox"/> Bras / Sleep Bra	<input type="checkbox"/> Shoes (slip-on)
	<input type="checkbox"/> Hat	<input type="checkbox"/>

If time permits, check out our more detailed [HOSPITAL PACKING LIST for a Planned Hospitalization](#), which includes additional categories to consider, like **Toiletries**, **Rest Items** and packing suggestions specific to **Kids & Babies**.

**It's common for a patient / family to spend several hours in the Emergency Department before being admitted and transferred to a room or discharged. During this time, a patient could need personal medications, injections or feedings that the hospital sometimes cannot provide to the ER in a timely fashion. We recommend taking these medication / home supplies along to the ER with you, if time allows you to pack them.*

NOTES:



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YOU ARE NOT ALONE!

